

SESSION ON PURPOSE, FOCUS AND PERSONAL GROWTH

Date: 23/12/2025

GLS University's Faculty of Commerce organized an insightful and motivating session titled "Your Journey is Your Destination – Stay Focused" successfully conducted, leaving a strong and lasting impact on the participating students. The session aimed to reinforce the significance of character building, focus, perseverance, self-belief and trust in the learning process—key elements essential for leading purposeful, disciplined and value-driven lives. Through such initiatives, it is a continuous commitment to provide students with meaningful exposure to real-life experiences that extend beyond academic learning. These efforts are designed to equip students with a strong foundation for both their professional aspirations and personal development. The session was led by Mr. Kirat Damani, an eminent lawyer, former national cricketer and Chairman – Gujarat Ranji Trophy Selection Committee who shared profound insights drawn from his diverse and multifaceted life journey. He emphasized that success is shaped by a balanced integration of mental strength, physical discipline and emotional stability, rather than by any single factor. Highlighting the importance of holistic development, he explained how effective management of mindset, health and emotions plays a crucial role in achieving sustainable success. Mr. Kirat also underscored the importance of finding joy and purpose in one's pursuits, stating that enjoyment in the process enhances learning and fosters long-term consistency. This message strongly resonated with students, reinforcing the idea that passion and genuine interest in their chosen paths are vital contributors to excellence and fulfilment. A key takeaway from the session was his emphasis on character over material wealth. He conveyed that while financial assets cannot always be passed on, strong values and character can be instilled and are instrumental in shaping an individual's future. He highlighted core values such as honesty, discipline and perseverance, noting that ethical conduct and integrity naturally pave the way for long-term success. Addressing the demands of a rapidly evolving world, Mr. Kirat stressed the importance of continuous learning, adaptability and skill enhancement to remain relevant and competitive. He further highlighted that the journey itself is more significant than the destination, as it cultivates resilience, discipline, self-awareness and clarity of purpose. He concluded by encouraging students to view failures as essential learning experiences, emphasizing that setbacks are integral to personal growth and success. He advised students to remain focused, avoid distractions and maintain clarity of goals, as sustained effort and determination are critical to achieving meaningful outcomes. The session proved to be highly enriching and inspirational, leaving students motivated to approach their journeys with renewed focus, confidence and a strong sense of purpose.

